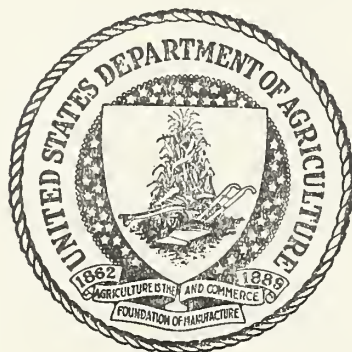


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Let's Talk Extension Nutrition



With Evelyn L. Blanchard, Nutrition Specialist

NOTES FROM THE EXTENSION PRECONVENTION FOODS AND NUTRITION SECTION

Kansas City

June 21-22, 1953

Eula Morris, assistant professor of home economics, Oklahoma A and M College, talked to the group on some of the ways she has popularized research in foods and nutrition and made it available to the people. She described a variety of ways in which different groups cooperate in nutrition programs.

Last year Miss Eula Morris prepared a sugar cookery bulletin to send out during the holiday season in answer to radio requests. A mimeograph on "Delightful Dairy Products" was prepared for use in connection with a television show. She finds that people are turning to the libraries for more information about subjects they hear discussed on radio and television. She mentioned the value of special programs or leaflets prepared for special groups that come to the college, such as wives whose husbands are attending special meetings, wives of legislators, flying farmers, and foreign women.

When school lunch cooks have sessions on the campus, special programs are provided for them. Another means of approach is through articles presenting research in popular style. Refresher courses are another method for popularizing research.

The Oklahoma Natural Gas Co. supplies most of the ranges for foods laboratories.

Josephine Flory, Missouri, led a discussion on Methods and Materials Used in Carrying on 4-H Club Work. One of the suggestions made by the extension nutritionists was to have the 4-H literature analyzed by someone in the field of education who is acquainted with 4-H Club work.

U.S. Department of Agriculture, Extension Service, Washington 25, D.C.

An analysis of the materials of 12 States was made by:

Pauline Gillette Garrett
Itinerent Teacher-Trainer
University of Missouri

Margaret Warhurst
District Supervisor
Home Economics
State Department of Agriculture

Vera Wasson, Teacher
President of Missouri Home Economics
Teachers' Association

They used the criteria adapted from Federal Security Agency publication Misc. 3419:

- A. Have genuine value to individuals using the materials.
 - 1. Meet common needs of groups of students.
 - 2. Add interest to the learning process.
 - 3. Add important information to that available in most reference books.
 - 4. Help individuals to develop judgment and discrimination.
 - 5. Help individuals to develop initiative and self-direction.
 - 6. Are positive in approach and not anxiety producing.
- B. Present information accurately and honestly without bias, deception, or exaggeration:
 - 1. Content
 - a. Is well organized.
 - b. Is clear, brief, and easy to read.
 - c. Emphasizes information about products rather than specific brands.
 - d. Supplies up-to-date and timely information.
 - 2. Form
 - a. Is well designed and illustrated, with good balance between pictures and text.
 - b. Is easy to handle, display, and store.

The materials of 12 States were analyzed. The material of other States did not arrive in time. This was the beginning of a project to improve the 4-H foods. It was decided at the meeting to continue to work on this analysis. (Note - My mimeograph How Does Your 4-H Foods and Nutrition Program Rate? was an outgrowth of this suggestion.--ELB)

Grace Brill led a discussion on methods used in Applying Nutrition Research to Everyday Nutrition.

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At the business meeting it was suggested that officers be selected from the area in which the National Home Economics Association Meeting will be held. The following were unanimously elected: Hilda Faust, California, president; and Agnes M. Kolshorn, Oregon, secretary-treasurer.

The regional chairmen will act for another year:

Central States	- Jewell Graham	- Iowa
Eastern States	- Kathryn Priwa	- Maine
Western States	- Mildred Haberly	- Idaho
Southern States	- Virginia Wilson	- North Carolina

The following nutrition specialists were present:

Blanche G. Randolph, Arkansas; M. Louise Mason, Texas; Jewel B. Graham, Iowa; Ruth Petermann, Oklahoma; Josephine Flory, Missouri; Pearl J. Paak, Kentucky; Evangeline J. Smith, Wyoming; Grace I. Neely, New Mexico; Linnea C. Dennett, Wisconsin; Janet L. Cameron, Virginia; Flora L. Carl, Missouri; Grace D. Brill, Minnesota; Kathryn Cooley, Nebraska; Rena Wills, South Dakota; Ethel Diedrichsen, Nebraska; Mary G. Fletcher, Kansas.

Others attending were:

Grace Klenn, Missouri; Ruth Flett, Missouri; M. Gertrude Hayes, Nevada; Eula Mae Morris, Oklahoma; and, Mary Alice Alspaugh, Missouri.

